



SPRFMO
South Pacific Regional Fisheries Management Organisation

INFORMATIONAL GUIDE FOR ATTENDEES

SPRFMO Annual Meeting

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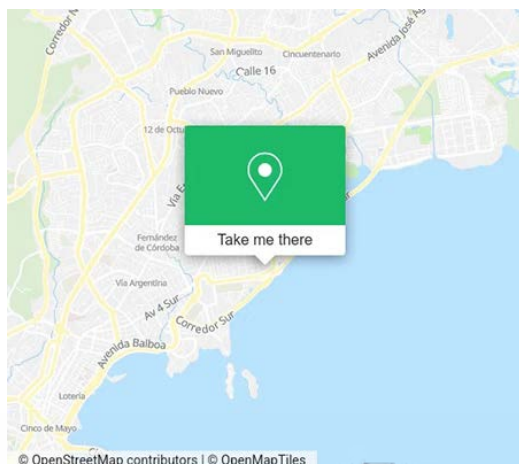
EVENT VENUE

The Annual Meeting of the South Pacific Regional Fisheries Management Organization (SPRFMO) will take place at the ATLAPA Convention Center, located on Avenida 5 B Sur, Panama City, Panama Province. This center features spacious exhibition areas, conference rooms, and a strategic location near hotels, restaurants, and Tocumen International Airport.

Location and Floor Plan

Address: Avenida 5 B Sur, Panama City, Panama

GPS Coordinates: 8.989496 N, -79.500009 W



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Centro De Convenciones Atlapa, Panama



Space distribution

» The center features extensive exhibition areas and several halls.
Examples:

» The “Tapestries” lobby: 1,600 m².

» The “Islands” hall: 3,240 m², divisible into three sections.

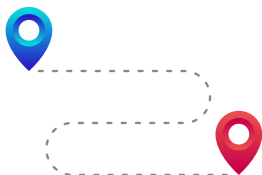
» Other smaller halls (e.g., Chocoe 105.5 m²) for seminars.



EVENT VENUE



ATLAPA is located in the district of San Francisco, 10–15 minutes from major hotels and 25 minutes from Tocumen International Airport. A complete map of its halls and exhibition areas can be found on the official convention center website <https://www.atlapa.gob.pa>



How to get there



» By public transport: Several bus routes (C640, C941, C642, etc.) pass nearby.
moovitapp.com



» By car, the address “Av. 5B Sur” is compatible with navigation systems.
Waze

» It is located in the district of San Francisco, Panama City, which facilitates access from hotels and main roads.

Mapcarta



Transportation from the Airport

Using the Uber app is recommended for transfers between Tocumen International Airport and hotels near ATLAPA (such as the Sheraton Grand Panama).



Estimated cost per trip: USD 10–20, depending on traffic and vehicle type.
Average duration: 20–25 minutes.

Tips:

- » **Important:** Confirm that airport pickup is permitted (designated rideshare area or app-based vehicle pickup), and ensure you have internet access or a mobile connection.
- » It is advisable to book in advance if you are arriving during peak hours (heavy traffic) or in the early morning to avoid waiting.
- » Verify that the hotel name is correctly entered in the app so the driver can easily find it.
- » In the Uber app, entering the pickup location (Tocumen International Airport) and destination (Sheraton Grand Panama Hotel) will provide an estimated fare.

CURRENCY AND PAYMENT METHODS

The official currency of Panama is the Balboa (PAB), but in practice the United States Dollar (USD) is used throughout the economy. Panamanian coins match U.S. coins in value and size.



Accepted cards: Visa, Mastercard, and American Express. Apple Pay and Google Pay are available in some establishments.



It is recommended to carry USD 50-100 in cash for small expenses or places without card terminals.



ATMs dispense U.S. dollars and are available at the airport and major hotels.



General Tips



» **No currency exchange is needed:** All payments are in USD.



» **Panama is a safe country**, but visitors should take normal precautions with personal belongings.



» **Weather:** Tropical climate, with daytime temperatures between 27°C and 32°C.



» **Electricity:** 110V (Type A/B plugs, same as the U.S.).



» **Official language:** Spanish (English widely understood in tourist areas and hotels).

RECOMMENDED HOTELS NEAR ATLAPA



Sheraton Grand Panama

- » **Distance:** About 250 m from ATLAPA (≈ 1 min walk)
- » **Rating:** Excellent (around 8.6/10)
- » **Amenities:** Outdoor pool, spa, restaurant, free parking, and pets allowed



Courtyard by Marriott Panama Multiplaza Mall

- » **Distance:** About 0.9 mi (≈ 1.4 km, about 15–16 min walk)
- » **Rating:** Very good (around 4/5)
- » **Amenities:** Excellent location next to the Multiplaza shopping center, ideal for business meetings or shopping

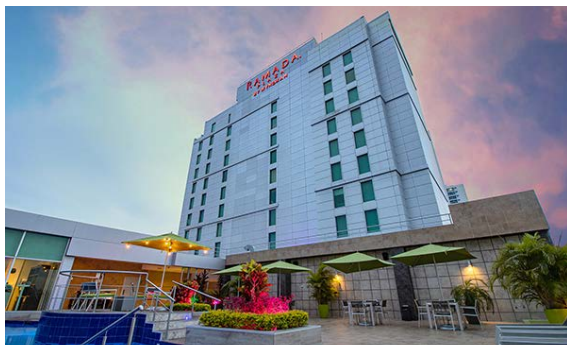


JW Marriott Panama

- » **Distance:** Approximately 1.1 mi (≈ 1.8 km, about a 19-minute walk)
- » **Rating:** High (4–4.5/5)
- » **Amenities:** 5-star luxury, multiple restaurants, swimming pool, gym, and wellness center



RECOMMENDED HOTELS NEAR ATLAPA



Ramada Plaza by Wyndham Panama Punta Pacífica

- » **Distance:** Approximately 0.5 mi (≈ 800 m, about a 9-minute walk)
- » **Rating:** Exceptional (9.2–9.6/10 depending on the platform)
- » **Amenities:** Outdoor pool, spa, breakfast buffet, good option for families and business travelers



Aloft Panama

- » **Distance:** Less than 300 m from ATLAPA (≈ 2 min walk)
- » **Rating:** Very good
- » **Amenities:** Modern design, swimming pool, pets allowed, free breakfast and Wi-Fi



Nearby Restaurants and Cafes

Parrillada Jimmy

**Vía Cincuentenario,
across from ATLAPA.**

Ideal for group meals,
grilled dishes, and
seafood.



4.4

Athanasiou PH Plaza Ledakon, Vía Porras.

Elegant café and
bakery for breakfast
or short meetings.



4.6

Leto Coffee Brew Bar

**Calle 61 Este,
Obarrio.**

Excellent specialty
coffee in a relaxed
environment.

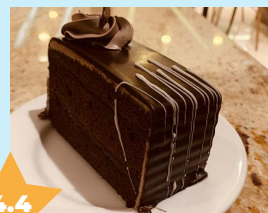


4.8

Las Hadas

**Vía Israel and
Calle 77, inside the
Sheraton Hotel.**

A high-class culinary
destination with an
exquisite specialty
in its pastry shop.



4.4

» All establishments are located **less than 10 minutes from ATLAPA.**

TOURIST INFORMATION

Panama is a vibrant destination where history, nature, and modernity come together. Attendees can enjoy various attractions just minutes from the city:



Casco Antiguo

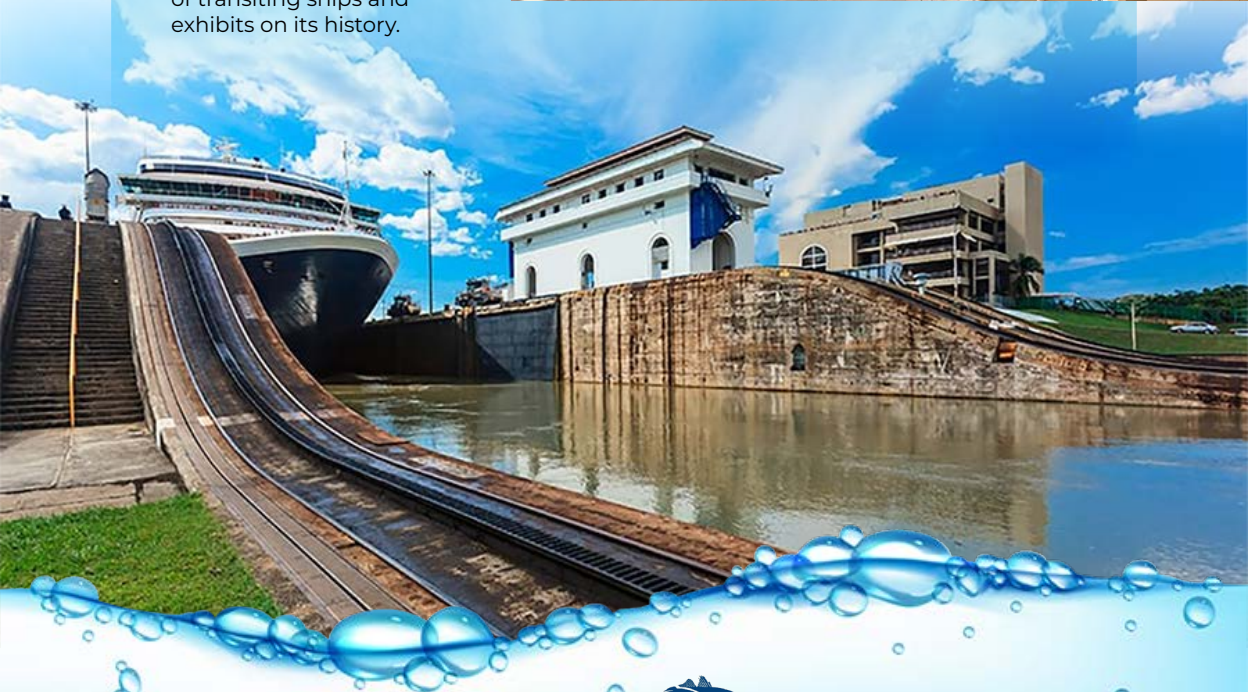
Historic district with colonial architecture, bars, restaurants, and museums. Ideal for cultural walks and skyline views.



Panama Canal

Miraflores Visitors Center:

One of the country's top attractions, offering views of transiting ships and exhibits on its history.



TOURIST INFORMATION

Biomuseo

Designed by Frank Gehry, it showcases Panama's biodiversity and its role as a natural land bridge.



Cinta Costera

Modern waterfront area perfect for walking, jogging, or enjoying the sunset.



Pacific Islands

From the Amador Causeway, visitors can take a ferry to Taboga, known as "the island of flowers."



» Shopping options include duty-free stores at **Multiplaza Pacific** and **Albrook Mall**.



EMERGENCY PHONE NUMBERS IN PANAMA

In case of emergency, attendees may contact the following authorities:



» General Emergencies (ambulance, firefighters, police): **911**



» National Tourism Police: **+507 511-9260 / +507 511-9261**



» Punta Pacífica Hospital (24h): **+507 204-8000**



» Hospital Nacional: **+507 207-8100**



» Tourism Information Center (ATP): **+507 526-7000**



» United States Embassy (if applicable): **+507 317-5000**

Visitors are encouraged to keep the hotel's contact information and the event organizing committee numbers readily available

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